## Guitar Notes

## Learning through Forms



Steve Adams and Peter Buhr © 2009*
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## Cover Picture

Johannes Vermeer (1632-1675)
Youg woman playing a guitar (The guitar player)
circa 1670-1672
Oil on canvas
Kenwood House, London
Technical comments on "The guitar player":
The left-hand thumb should not be resting on the top of the guitar neck. Instead, it should be behind the neck to allow the left-hand fingers better access to the fretboard. The right-hand little-finger should not rest on the soundboard as this inhibits certain right-hand picking or strumming movements and dampens the sound.

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## 1 Nomenclature (right handed)



## 2 Guitar

The guitar is a string instrument that is plucked/picked, called pizzicato, to vibrate the strings to generate sound. Often a guitar is strummed by plucking multiple strings in sequence (up or down). An acoustic guitar uses a large hollow body as a resonator to make conversion of the string vibration into sound more effective. Acoustic guitars are divided into two broad categories: classical (or classic [?]) style using a combination of nylon and steel strings, and western-style using all steel strings. An electric guitar transforms the vibration of steel strings, using electro-magnetic pickups, to an electric signal that is amplified and sent to one or more speakers to generate sound.

All string instruments (e.g., piano, violin, harp, guitar) generate sound by vibrating a string spanning two points.


On a guitar, the string is suspended between the nut (at the top of the fretboard) and the saddle (located on the bridge). The string must be under tension between the two endpoints to vibrate, i.e., it must be pulled taut; without tension, the string hangs lose and does not vibrate. When plucked, a string vibrates causing the air surrounding it to vibrate; the vibration travels through the air to your ear causing the ear drum to vibrate; the ear drum vibration is transformed into electro-chemical signals and transmitted to the brain where you "hear" a sound. The sound is composed of two fundamental components: loudness (amplitude), which is primarily a sense of physical strength (quiet/loud), and pitch, which is primarily a sense of ordering (low/high).

Increasing the vibration size (amplitude), increases loudness, but the pitch is the same.


When a string is strummed/plucked hard it is pulled further out before release so amplitude is large, and hence, the sound is louder; when a string is strummed/plucked softly it is pulled a short distance before release so amplitude is small, and hence, the sound is quieter.

A vibrating string has a fixed fundamental pitch, which defines the musical note it generates. Pitch is the speed (frequency) the string moves from the top of the vibration to the bottom and back to the top (cycle/wave). Over time, this up/down movement can be represented as a continuous curve even though the string is not moving along.


Frequency is measured in Hertz (Hz), which count the number of cycles in one second. Therefore, frequency $(F)$ is inversely proportional to the cycle length $(\lambda), F \propto 1 / \lambda$. For example, for $F=20 \mathrm{~Hz}$, the size of one cycle is $1 / 20$ the total length of the 20 cycles that occur in a second. A slow vibration is a bass (low) note, e.g., frequency of 20 vibrations a second ( 20 Hertz ). A medium vibration is a tenor (medium) note, e.g., frequency of 200 vibrations a second ( 200 Hertz). A fast vibration is a soprano (high) note, e.g., frequency of 2000 vibrations a second (2000 Hertz).

There are three factors that generate a string's pitch:

1. length - string frequency $(F)$ is inversely proportional to the cycle length and the cycle length is twice the string length ${ }^{1}(L): \lambda=2 L$ so $F \propto 1 / 2 L$. As $L$ becomes smaller, i.e., the string is shortened, $F$ increases, and the pitch is higher. As $L$ becomes larger, i.e., the string is lengthened, $F$ decreases, and the pitch is lower.

short string
fast vibration, soprano (high) note

2. tension - string frequency $(F)$ is proportional to the square root of the string tension $(T): F \propto$ $\sqrt{T}$. As $T$ becomes larger, i.e., the string is tightened, $F$ increases, and the pitch is higher. As $T$ becomes smaller, i.e., the string is loosened, $F$ decreases, and the pitch is lower. Essentially, the higher tension pulls the string faster from the top to the bottom of the cycle and back again, causing the increase in frequency.


[^1]3. mass - string frequency $(F)$ is inversely proportional to the linear string density ( $\mu$ ) (mass of the string per unit length, e.g., mass in grams of a one centimeter length of string): $F=1 / \sqrt{\mu}$. As the density of the string material increases (e.g., a steel string is about 8 times more dense than a nylon string) or as the string becomes thicker (becomes heavier) the linear density increases, so $F$ decreases and the pitch is lower. Similarly, as the string material becomes less dense or the string is thinner the linear density decreases (becomes lighter), $F$ increases and the pitch is higher.


Combining the three factors for string pitch:

$$
F=\text { length } \times \text { tension } \times \text { mass }=\frac{1}{2 L} \times \sqrt{T} \times \sqrt{\frac{1}{\mu}}=\frac{1}{2 L} \sqrt{\frac{T}{\mu}}
$$

Solving for $L, T$, and $\mu$ in terms of the other variables:

$$
L=\frac{1}{2 F} \sqrt{\frac{T}{\mu}}, \quad T=4 \times L^{2} \times F^{2} \times \mu, \quad \mu=\frac{1}{4 \times L^{2} \times F^{2} \times T}
$$

In general, tension is large to ensure good vibration (i.e., the string is held taught between the end points, but not too taught or the string breaks), and mass is small because even a thick string has a low mass. For example, a typical nylon string has the equivalent of a 7 kg ( 15 lbs ) weight hanging from it but a linear density of only $0.001 \mathrm{~kg} / \mathrm{m}$. For a string of length $65 \mathrm{~cm}(0.65 \mathrm{~m})$, the tension necessary for a treble frequency of 200 Hz (G string) is $T=4 \times L^{2} \times F^{2} \times \mu=4 \times 0.65^{2} \times 200^{2} \times 0.001 \approx 67$ newtons of force, which is equivalent to hanging a 6.9 kg weight on the end of the string. If the same string is used to generate a bass note of 20 Hz , the string must be $L=\frac{1}{2 F} \sqrt{\frac{T}{\mu}}=\frac{1}{2 \times 20} \sqrt{\frac{200}{0.001}} \approx 11 \mathrm{~m}$ ( 35 feet) long, which is impractical. To reduce the length of bass strings, the string is made thicker (more mass) with lower tension so it vibrates slower. However, a thicker string is harder to play loud because it stretchers less (reducing the amplitude) and lower tension means the minimum amplitude to make a sound is larger, so there is a comprise between amplitude/frequency and making a string fit an instrument.

One technique to play from bass to soprano notes is to have strings with different lengths, one for each note. For example, a piano has 88 different length strings and can play 88 different notes. (In fact, a piano often has 2 or 3 strings for each note to generate more sound, so there can be from 210 to 250 strings!) However, a piano must still use strings of different mass to generate the bass notes or the piano would be too long. Another technique is to have a single long string where one or both endpoints are moved to change the length. A simple way of moving an endpoint is to add a new point by pressing on the string anywhere along its length.


As the string is shortened, what happens to the sound? Again, this approach is impractical because the string must be too long to generate bass notes. A final technique is to have one or more strings and vary the tension during playing, which is done on the guitar by bending the string (pushing up on the string) or a whammy-bar (usually located at the bridge) on electric guitars, and pedals on the steel-pedal guitar and harp. While increasing tension for small changes in pitch is possible, the amount of increase in tension for large changes in pitch would break the string. For example, to increase the frequency for the nylon string above from 200 Hz to 2000 Hz , the force required is $T=4 \times L^{2} \times F^{2} \times \mu=4 \times 0.65^{2} \times 2000^{2} \times 0.001 \approx 6760$ newtons of force. This tension is equivalent to hanging a 690 kg weight on the end of the nylon string, causing the string to break.

So what approach does the guitar use? The guitar adopts multiple strings (4 to 12) with varying mass strings under relatively constant tension and changing the length of the strings to achieve its range of notes. Normally, the guitar strings are designed so the linear density of each string produces approximately the same tension for a given length. Hence, the forces are constant across the neck of the guitar to prevent twisting of the neck. While playing the guitar, pressing on a string to shorten it only increases the tension slightly in comparison to the total tension on a string. Steel strings have greater tension than nylon strings because of greater linear density, which pulls up on the neck of the guitar. To compensate for this large upward pull, a steel-string guitar often has a rod inside the neck of the guitar, called a truss rod, that is tighten to pull downward (pre-stress) to help flatten the guitar neck. Sometimes a small concave in the neck is useful to allow greater vibration distance for the strings, which increases the amplitude before buzzing (i.e., when the string touches the neck of the guitar).


The previous analysis assumes a string behaves as a repeating curved wave (sinusoidal). However, after a guitar string is plucked, it does not behave as a perfect wave at fixed amplitude and frequency. First, due to resistance from the air the string is pushing against and friction in the string, the amplitude decreases from the maximum of the string pull until the string stops vibrating. Second, plucking pulls the string into a " V " shape and then releases it.


The energy from the pull moves out in both directions towards the endpoints as two "kinks" in the string (green/blue dots). As the kinks approach the immovable endpoints, the kinks are pulled down, which correspondingly pulls the string between them down, until the kinks disappear momentarily at the endpoints and the string is straight for an instant. The kinks then bounce off the endpoints (like a ball hitting a wall) and reflect back along the string towards the point where the string was plucked. However, the reflection is inverted because the string is still moving downwards and wants to continue moving in that direction (momentum), which carries the string past the position of rest. When the kinks reach the point where the string was plucked, they cross over each other towards the opposite endpoints. However, the string cannot continue moving downwards because the immovable endpoints now pull back on the string, so the string stops and changes direction. As the string vibrates (many time per second), the sharp kinks from the initial pluck merge (is this true) quickly as they reflect and cross over, forming a smooth curved wave as the single kink moves from endpoint to endpoint. Therefore, the sound of a plucked string begins bright and then mellows as the kinks become a wave. The initial brightness can be sustained by plucking the string closer to an endpoint as it takes longer for the kinks to subside into a wave with crests in the middle of the string. Normally, a guitar string is plucked about $3 / 4$ of the way along the string as that is the natural position of the hand, generating a bright initial sound that mellows quickly. Plucking the string near the middle is called tasto; plucking the string near the bridge in called ponticello.

Discuss harmonics, include picture of the shape of a guitar string vibrating with harmonics String can only have fixed number of node along its length. The ones at unnatural frequencies cancel out.

A guitar can have frets, to generate a discrete set of vibrations, or be fretless, and generate an infinite set of vibrations. Explain why frets are positioned at varying spacing along the neck. Slight adjustments on the placement of the frets can compensate for the difference in tension associated with shortening the string at that point.

Discuss the non-uniform tuning of the guitar, 3rd, on the B .
As a string instrument sits, the strings gradually stretch due to the tension, decreasing (flattening) the pitch, so it must be retuned. (Why is the pitch flattened?) After tuning a guitar with nylon strings, there is an unusual effect: the nylon strings increase pitch (sharpen) as the guitar is played. This effect is counter intuitive because as energy is put into a string by plucking it and inducing it to vibrate, the string becomes warmer, and warmer objects normally expand. If a string expands, it lengthens, which decreases its pitch; therefore, the sound should flatten not sharpen but that is not what happens for
nylon strings. In 1805, John Gough made the following observation on the properties of a rubber strip: increasing the temperature of a stretched rubber strip induces it to contract. The reason for this phenomenon is that plastics like nylon or rubber are made of chain-like molecules called polymers. These polymer chains are kinked at rest.


When the material is stretched, the molecular chains extend by rotating the atomic bonds joining the atoms along the chain to remove kinks. This process lowers the energy of the chains and removes many of the kinks. As this material is heated via pulling or vibrating, the heat causes some bonds to rotate back to higher energy states, reintroducing the kinks, which pulls on the molecular chains increasing tension and raising the pitch. Hence, as a guitar string is tightened during retuning, the stretching injects heat into the strings; furthermore, as the guitar is played, more heat is injected into the string through vibration. In both cases, the heat causes a nylon string to contract rather than expand, which sharpens the pitch. The result is that guitar players retune the nylon strings slightly below the required pitch with the understanding that these strings move towards their correct pitch after several minutes of playing. (Some minor adjusts are often necessary at this point.) Finally, it is interesting to contrast the behaviour of a steel versus a nylon string. A steel string actually expands during play due to the injection of heat because steel is not made of molecular chains; instead, the molecules are organized in a crystalline structure that only expands through thermal vibration rather than a mechanical change in shape. Hence, a steel string flattens its pitch during play, but the amount of expansion of a steel string given the small input of heat is insignificant, so its pitch is virtually constant during play.

### 2.1 Questions

1. The distance between the nut and the saddle of a classical guitar is approximately 65 cm . The approximate mass of classical guitar strings from the 6th to the 1st string are: $\mathrm{E}-\mathrm{XX} \mathrm{g}, \mathrm{A}-$ XX g, D - XX g, G - XX g, B - XX g, e - XX g. The approximate frequency of guitar strings from the 6th to the 1st string are: E-82 Hz, A $-110 \mathrm{~Hz}, \mathrm{D}-147 \mathrm{~Hz}, \mathrm{G}-196 \mathrm{~Hz}, \mathrm{~B}-247$, e 330 Hz . Show the tension on each string is similar.
2. For a classical guitar, if a simple song with few notes is played quietly, and then it is followed by a complex song with many notes and loud passages, what can happen to the guitar tuning?

## 3 Writing Music

There are an infinite number of frequencies so one way of writing music is for each sound write its frequency and duration, e.g.,

$$
440 \mathrm{~Hz}, 2 \mathrm{~ms}|320.4 \mathrm{~Hz}, 5 \mathrm{~ms}| 0 \mathrm{~Hz}, 3 \mathrm{~ms} \mid \ldots
$$

where 0 Hz indicates silence and 3 ms indicates a time span of 3 milliseconds. It is even possible to specify multiple notes played simultaneously:

| $440 \mathrm{~Hz}, 2 \mathrm{~ms}$ | $0 \mathrm{~Hz}, 3 \mathrm{~ms}$ | $\ldots$ |
| :--- | :--- | :--- |
| $320.4 \mathrm{~Hz}, 5 \mathrm{~ms}$ |  |  |

However, the human ear can only hear a subset of frequencies: at best 15 Hz to $20,000 \mathrm{~Hz}$ under perfect conditions, but more commonly 40 Hz to $15,000 \mathrm{~Hz}$. (Some animals like bats can hear sounds between 20 Hz and $150,000 \mathrm{~Hz}$.) Hence, there is little point in writing music for sounds that cannot be heard. As well, instruments can only play a subset of frequencies. Essentially, the large the instrument, the larger its range of frequency and amplitude. For example, the largest instrument is the pipe organ, with a frequency range of 16 to $8,000 \mathrm{~Hz}$ (fundamentals only) and can produce sounds loud enough to fill a cathedral. A grand piano has a frequency range from 27.5 Hz to 4186 Hz , and is quite loud due to replicated strings. The average human vocal chord is very small and only has a frequency range of about 300 to 700 Hz in the range of 90 to $1,000 \mathrm{~Hz}$. For string instrument, the lowest note is limited by the longest length and maximal linear density of a string, plus the minimal tension for vibration. The highest note is limited by the shortest length and minimal linear density of a string, plus the maximal tension for vibration (without breaking the string). Therefore, a reasonable range of frequencies for written music is from 20 to $8,000 \mathrm{~Hz}$, which covers virtually all traditional instruments, but not necessary modern electronic instruments.

After selecting a reasonable fixed range, there still exist an infinite number of different frequencies within the range. Again for many instruments there is a limit to the minimal difference between frequencies. There cannot be an infinite number of pipes in a pipe organ, or keys on a piano, or holes in a clarinet. For string instruments, when pressing on a string to change its length, the accuracy of the press limits the minimal difference, i.e., it is unlikely that a finger can move accurately a thousandth of an centimeter from its current position. Therefore, it is reasonable to limit the number of discrete notes within a fixed range with a reasonable spacing between each note that can be accurately created by the instrument and musician. Now a decision has to be made on dividing the range into discrete intervals that works for all instruments. A natural division point is each time a frequency doubles. For example, selecting a starting point for the frequency range of 27.5 Hz , the doubling values $55,110,220,440$, 880, 1760, 3520, etc., represent nice discreet spacing for a number of reasons. Frequency doubling are perceived by humans as points of commonality, i.e., a doubled frequency sounds the same only with a lower/higher pitch. People often believe the same sound is being played even when the frequency is doubled. The distance between doublings is called an octave. An arbitrary decision has been made to choose the doubling series starting at 27.5 Hz and call it the " A " or "Do" series, where each doubling is numbered, $\mathrm{A}_{0}=27.5 \mathrm{~Hz}, \mathrm{~A}_{1}=55 \mathrm{~Hz}$, etc. In effect, this major subdivision is like a radix in a counting system, e.g., $0,10,20,30, \ldots$

So now the frequency range has major subdivisions, but the notes sound the same, just higher or lower, which makes for rather boring music. To obtain more sounds, it now remains to divide up the octave into a discrete number of intervals, like subdividing the radix 10 into $0,1, \ldots, 8,9$; unfortunately, it now gets complicated. The obvious thing to do is divide up the octave interval into N equal parts. Again, it is necessary to go back to the human auditory system to divide up the octave. People perceive only certain sounds and combinations of sounds as pleasant. While different cultures do teach people to enjoy some sounds better than others, there are some universal sounds that are
perceived as good and bad. Pythagoras noted that certain ratios of sound are fundementally pleasing. Therefore, to generate pleasant sounds the octave needs to be divided into frequencies that are based on these ratios. The first ratio is $1: 2$, dividing the vibration in half to generate an octave.

Each note defines a frequency or pitch (sound).
Two forms of written music: notes versus tabulature.
Notes are mostly universal while tabulature is instrument specific.
octave is a doubling of a frequency 27.55511022044088017603520
piano has 88 notes $88 / 12=71 / 3$ octaves from 27.5 to 4186 Hz
finitie number of subdivisions within an octave that generate pleasant sounds
western music divides an octave into 12 parts, each part is called a note
notes are named using letters and $\#$, ,symbols C C $\sharp \mathrm{D} D \sharp E F F \sharp G G \sharp A A \sharp B$ or names for singing so Fi la ... (check)

In absolute tuning, letter A is defined as 440 Hz . If A shifts +- eps, all notes shift accordingly.
Notational music use lines and spaces between lines to denote notes
-
takes 4 lines and 3 spaces to represent a scale of 12 notes
For piano, with $71 / 3$ octaves * 4
pipe organ can have 9 octaves
The guitar has the same range of notes as the cello, and cello music is normally written in the bass clef 9 : However, guitar music is normally written in the treble clef $\ell$ so the music is easily readable with other instruments, like the piano or a singer. To be accurate about the range of notes for guitar music, the treble clef is written with a small 8 under it $\frac{\ell}{8}$, indicating the music is actually played an octave down from what is written.

## 4 Forms

Form I
Form II $\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}$
From III $\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}$
Form IV $\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}$

Form VII $\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}-\mathrm{O}$

Form I


Form II


Form III


- while a scale can be played on a single string, a form is a scale played across the fretboard at a fixed position
- each form spans 17 notes ( $2+$ octaves)
- forms I, VI, and VII contain 3 tonics, while forms II, III, IV, and V contain only 2 tonics
- form N starts a scale at the degree note N , e.g., form III starts the scale at degree III
- each diatonic mode has 7 forms, one starting on each note of the scale
- playing form N up the fretboard produces scales in different keys starting at degree N
- playing different forms at a fixed position produces scales in different keys starting at degree N
- the 3 rd tuning between strings 2 and 3 results in duplicate notes at the end of the form for string 3 and the start of the form for string 2 , resulting in optional ways to play a form

5 Roots (Tonic, I)


## 6 E: 6th/1st String Routine

| E | F | G | A | B | C | D | E |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | 1 | 3 | 5 | 7 | 8 | 10 | 12 |

### 6.1 Practise

NAME NOTE AND FRET!

1. up and down naturals
2. up and down every fret
3. in the order:

$$
\begin{array}{llllllllllll}
\mathrm{C} & \mathrm{~F} & \mathrm{~B}^{b} & \mathrm{E}^{b} & \mathrm{~A}^{b} & \mathrm{D}^{b} & \mathrm{G}^{b} & \mathrm{~B} & \mathrm{E} & \mathrm{~A} & \mathrm{D} & \mathrm{G}
\end{array}
$$

## 7 Form I



### 7.1 Practise

In the order:
$\begin{array}{llllllllllll} & \mathrm{F} & \mathrm{B}^{b} & \mathrm{E}^{b} & \mathrm{~A}^{b} & \mathrm{D}^{b} & \mathrm{G}^{b} & \mathrm{~B} & \mathrm{E} & \mathrm{A} & \mathrm{D} & \mathrm{G}\end{array}$
play:

1. root picture
2. chord
3. scale
a) start/end low note
b) start/end high note
c) start/end at middle root notes

## 8 A: 5th String Routine

A B
C D
E
G
A
02
$3 \quad 5 \quad 7$
810
12

### 8.1 Practise

NAME NOTE AND FRET!

1. up and down naturals
2. up and down every fret
3. in the order:

$$
\begin{array}{llllllllllll}
\mathrm{C} & \mathrm{~F} & \mathrm{~B}^{b} & \mathrm{E}^{b} & \mathrm{~A}^{b} & \mathrm{D}^{b} & \mathrm{G}^{b} & \mathrm{~B} & \mathrm{E} & \mathrm{~A} & \mathrm{D} & \mathrm{G}^{\prime}
\end{array}
$$

## 9 Form V



### 9.1 Practise

In the order:

$$
\begin{array}{llllllllllll}
\mathrm{C} & \mathrm{~F} & \mathrm{~B}^{b} & \mathrm{E}^{b} & \mathrm{~A}^{b} & \mathrm{D}^{b} & \mathrm{G}^{b} & \mathrm{~B} & \mathrm{E} & \mathrm{~A} & \mathrm{D} & \mathrm{G}
\end{array}
$$

play:

1. root picture
2. chord
3. scale
a) start/end low note
b) start/end high note
c) start/end at middle root notes

## 10 D: 4th String Routine

D $\quad \mathrm{E} \quad \mathrm{F}$ G A B $\mathrm{C} \quad \mathrm{D}$
$\begin{array}{llllllll}0 & 2 & 3 & 5 & 7 & 9 & 10 & 12\end{array}$

### 10.1 Practise

NAME NOTE AND FRET!

1. up and down naturals
2. up and down every fret
3. in the order:

$$
\begin{array}{llllllllllll}
\mathrm{C} & \mathrm{~F} & \mathrm{~B}^{b} & \mathrm{E}^{b} & \mathrm{~A}^{b} & \mathrm{D}^{b} & \mathrm{G}^{b} & \mathrm{~B} & \mathrm{E} & \mathrm{~A} & \mathrm{D} & \mathrm{G}
\end{array}
$$

## 11 Form II



### 11.1 Practise

In the order:

$$
\begin{array}{llllllllllll}
\mathrm{C} & \mathrm{~F} & \mathrm{~B}^{b} & \mathrm{E}^{b} & \mathrm{~A}^{b} & \mathrm{D}^{b} & \mathrm{G}^{b} & \mathrm{~B} & \mathrm{E} & \mathrm{~A} & \mathrm{D} & \mathrm{G}
\end{array}
$$

play:

1. root picture
2. chord
3. scale
a) start/end low note
b) start/end high note
c) start/end at middle root notes

## 12 G: 3rd String Routine

| $G$ | A | B | C | D | E | F | G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | 2 | 4 | 5 | 7 | 9 | 10 | 12 |

### 12.1 Practise

NAME NOTE AND FRET!

1. up and down naturals
2. up and down every fret
3. in the order:
C $\mathrm{F} \quad \mathrm{B}^{b}$
$E^{b} \quad A^{b}$
$\mathrm{D}^{b} \quad \mathrm{G}^{b}$
B E A
D G

## 13 Form VI



### 13.1 Practise

In the order:

$$
\begin{array}{llllllllllll}
\mathrm{C} & \mathrm{~F} & \mathrm{~B}^{b} & \mathrm{E}^{b} & \mathrm{~A}^{b} & \mathrm{D}^{b} & \mathrm{G}^{b} & \mathrm{~B} & \mathrm{E} & \mathrm{~A} & \mathrm{D} & \mathrm{G}
\end{array}
$$

play:

1. root picture
2. chord
3. scale
a) start/end low note
b) start/end high note
c) start/end at middle root notes

## 14 B: 2nd String Routine

| B | C | D | E | F | G | A | B |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | 1 | 3 | 5 | 6 | 8 | 10 | 12 |

### 14.1 Practise

NAME NOTE AND FRET!

1. up and down naturals
2. up and down every fret
3. in the order:

$$
\begin{array}{llllllllllll}
\mathrm{C} & \mathrm{~F} & \mathrm{~B}^{b} & \mathrm{E}^{b} & \mathrm{~A}^{b} & \mathrm{D}^{b} & \mathrm{G}^{b} & \mathrm{~B} & \mathrm{E} & \mathrm{~A} & \mathrm{D} & \mathrm{G}
\end{array}
$$

## 15 Form IV



### 15.1 Practise

In the order:

$$
\begin{array}{llllllllllll}
C & F & B^{b} & E^{b} & A^{b} & D^{b} & G^{b} & B & E & A & D & G
\end{array}
$$

play:

1. root picture
2. chord
3. scale
a) start/end low note
b) start/end high note
c) start/end at middle root notes

## 16 1st: 6 String Note Review

In order, name note and fret ( 3 minute time limit $\Rightarrow 24$ tempo):

| $\mathrm{C}_{8}$ | $\mathrm{~F}_{1}$ | $\mathrm{~B}_{6} \mathrm{E}^{b_{11}}$ | $\mathrm{~A}^{b_{4}}$ | $\mathrm{D}^{b_{9}}$ | $\mathrm{G}^{b_{2}}$ | $\mathrm{~B}_{7}$ | $\mathrm{E}_{0}$ | $\mathrm{~A}_{5}$ | $\mathrm{D}_{10}$ | $\mathrm{G}_{3}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathrm{C}_{3}$ | $\mathrm{~F}_{8}$ | $\mathrm{~B}_{1}$ | $\mathrm{E}^{b_{6}}$ | $\mathrm{Ab}_{11}$ | $\mathrm{D}_{4}$ | $\mathrm{G}^{b_{9}}$ | $\mathrm{~B}_{2}$ | $\mathrm{E}_{7}$ | $\mathrm{~A}_{0}$ | $\mathrm{D}_{5}$ | $\mathrm{G}_{10}$ |
| $\mathrm{C}_{10}$ | $\mathrm{~F}_{3}$ | $\mathrm{~B}_{8}{ }_{8}$ | $\mathrm{E}_{1}$ | $\mathrm{~A}_{6}$ | $\mathrm{D}_{11}^{b_{11}}$ | $\mathrm{G}_{4}$ | $\mathrm{~B}_{9}$ | $\mathrm{E}_{2}$ | $\mathrm{~A}_{7}$ | $\mathrm{D}_{0}$ | $\mathrm{G}_{5}$ |
| $\mathrm{C}_{5}$ | $\mathrm{~F}_{10}$ | $\mathrm{~B}_{3}$ | $\mathrm{E}_{8}$ | $\mathrm{~A}_{1}$ | $\mathrm{D}_{6}$ | $\mathrm{G}_{11}$ | $\mathrm{~B}_{4}$ | $\mathrm{E}_{9}$ | $\mathrm{~A}_{2}$ | $\mathrm{D}_{7}$ | $\mathrm{G}_{0}$ |
| $\mathrm{C}_{1}$ | $\mathrm{~F}_{6}$ | $\mathrm{~B}_{11}$ | $\mathrm{E}^{b_{4}}$ | $\mathrm{~A}^{b_{9}}$ | $\mathrm{D}_{2}$ | $\mathrm{G}^{b_{7}}$ | $\mathrm{~B}_{0}$ | $\mathrm{E}_{5}$ | $\mathrm{~A}_{10}$ | $\mathrm{D}_{3}$ | $\mathrm{G}_{8}$ |
| $\mathrm{C}_{8}$ | $\mathrm{~F}_{1}$ | $\mathrm{~B}_{6}$ | $\mathrm{E}_{11}$ | $\mathrm{~A}_{4}$ | $\mathrm{D}_{9}$ | $\mathrm{G}_{2}^{2}$ | $\mathrm{~B}_{7}$ | $\mathrm{E}_{0}$ | $\mathrm{~A}_{5}$ | $\mathrm{D}_{10}$ | $\mathrm{G}_{3}$ |



## 17 Form VII \& Form III

VII Root Picture
Normal


Open

$\times{ }^{\star} \times$ ©


III
Normal


Open


### 17.1 Practise

In the order:

$$
\begin{array}{llllllllllll}
\mathrm{C} & \mathrm{~F} & \mathrm{~B}^{b} & \mathrm{E}^{b} & \mathrm{~A}^{b} & \mathrm{D}^{b} & \mathrm{G}^{b} & \mathrm{~B} & \mathrm{E} & \mathrm{~A} & \mathrm{D} & \mathrm{G}^{\prime}
\end{array}
$$

play:

1. root picture
2. chord
3. scale
a) start/end low note
b) start/end high note
c) start/end at middle root notes

## 18 2nd: 6 String Note Review

In order, name note and fret ( 3 minute time limit $\Rightarrow 24$ tempo):
play from:

$\begin{array}{lllllll}\mathrm{C}_{8} & \mathrm{C}_{3} & \mathrm{C}_{10} & \mathrm{C}_{5} & \mathrm{C}_{1} & \mathrm{C}_{8} & \text { 6th to 1st string }\end{array}$ $\begin{array}{lllllll}\mathrm{F}_{1} & \mathrm{~F}_{6} & \mathrm{~F}_{10} & \mathrm{~F}_{3} & \mathrm{~F}_{8} & \mathrm{~F}_{1} & \text { 1st to 6th string }\end{array}$ $\begin{array}{llllllll}\mathrm{B}_{6} & \mathrm{~B}_{1} & \mathrm{Bb}_{8} & \mathrm{Bb}_{3} & \mathrm{~B}_{11} & \mathrm{~B}_{6} & \text { 6th to 1st tsting }\end{array}$ $\begin{array}{llllllll}\mathrm{Eb}_{11} & \mathrm{E}_{4} & \mathrm{~Eb}_{8} & \mathrm{E}^{b_{1}} & \mathrm{E}_{6} & \mathrm{E}^{b_{11}} & 1 \text { st to 6th string }\end{array}$ $\begin{array}{llllllll}\mathrm{A}^{b_{4}} & \mathrm{~A}^{b_{11}} & \mathrm{~A}^{b_{6}} & \mathrm{~A}^{b_{1}} & \mathrm{~A} b_{9} & \mathrm{~A}^{b_{4}} & 6 \text { 6th to 1st string }\end{array}$ $\begin{array}{llllllll}\mathrm{D}^{b_{9}} & \mathrm{D}_{2} & \mathrm{D}_{6}{ }^{2} & \mathrm{D}^{b_{11}} & \mathrm{D}^{b_{4}} & \mathrm{D}^{b_{9}} & 1 \text { st to 6th string }\end{array}$ | $\mathrm{Gb}_{2}$ | $\mathrm{~Gb}_{9}$ | $\mathrm{~Gb}_{4}$ | $\mathrm{~Gb}_{11}$ | $\mathrm{G}^{b_{7}}$ | $\mathrm{G}^{b_{2}}$ | 6th to 1st string |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | $\begin{array}{lllllll}\mathrm{B}_{7} & \mathrm{~B}_{0} & \mathrm{~B}_{4} & \mathrm{~B}_{9} & \mathrm{~B}_{2} & \mathrm{~B}_{7} & 1 \text { st to 6th string }\end{array}$ $\begin{array}{lllllll}\mathrm{E}_{0} & \mathrm{E}_{7} & \mathrm{E}_{2} & \mathrm{E}_{9} & \mathrm{E}_{5} & \mathrm{E}_{0} & \text { 6th to 1st tring }\end{array}$ $\begin{array}{lllllll}\mathrm{A}_{5} & \mathrm{~A}_{10} & \mathrm{~A}_{2} & \mathrm{~A}_{7} & \mathrm{~A}_{0} & \mathrm{~A}_{5} & 1 \text { st to 6th string }\end{array}$ $\begin{array}{lllllll}\mathrm{D}_{10} & \mathrm{D}_{5} & \mathrm{D}_{0} & \mathrm{D}_{7} & \mathrm{D}_{3} & \mathrm{D}_{10} & \text { 6th to 1st string }\end{array}$ $\begin{array}{llllllll}\mathrm{G}_{3} & \mathrm{G}_{8} & \mathrm{G}_{0} & \mathrm{G}_{5} & \mathrm{G}_{10} & \mathrm{G}_{3} & 1 \text { st to 6th string }\end{array}$



## 19 Root Pictures



IV

I

II

III
IV

V


### 19.1 Practise

In the order:
$\begin{array}{llllllllllll}C_{\text {III }} & \mathrm{F}_{\text {VII }} & \mathrm{B}^{b}{ }_{V} & E^{b}{ }_{\text {II }} & A^{b} b_{V I} & D^{b}{ }_{\text {III }} & G^{b}{ }^{\text {VII }} & B_{\text {IV }} & E_{I} & A_{V} & D_{\text {II }} & G_{V I}\end{array}$ REVIEW \#1: Play up/down all 7 forms for all 12 keys.

20 Major Chord ( $1_{\mathrm{M} 3} 3_{\mathrm{m} 3} 5_{\mathrm{P} 4}$ )


### 20.1 Practise

In the order:
$\begin{array}{llllllllllll}C_{\text {III }} & F_{V I I} & B^{b}{ }_{V} & E^{b}{ }_{\text {II }} & A^{b} b_{V I} & D^{b}{ }_{\text {III }} & G^{b} b_{\text {VII }} & B_{\text {IV }} & E_{I} & A_{V} & D_{\text {II }} & G_{V I}\end{array}$ Review \#1:

1. root picture and chord
2. chord only

21 Major (Ionian) Scale ( $\mathbf{1}_{\mathrm{T}} \mathbf{2}_{\mathrm{T}} \mathbf{3}_{\mathrm{S}} \mathbf{4}_{\mathrm{T}} \mathbf{5}_{\mathrm{T}} \mathbf{6}_{\mathrm{T}} \mathbf{7}_{\mathrm{S}}$ )


II


### 21.1 Practise

In the order:
$\begin{array}{llllllllllll}\mathrm{C}_{\mathrm{III}}^{0} & & \mathrm{~F}_{\mathrm{VII}_{0}} & \mathrm{~B}^{b} \mathrm{~V} & \mathrm{E}^{b} \mathrm{II} & \mathrm{A}^{b} \mathrm{VI} & \mathrm{D}^{b}{ }_{\mathrm{III}} & \mathrm{G}^{b} \mathrm{VIII}^{2} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{~A}_{\mathrm{V}_{0}} & \mathrm{D}_{\mathrm{II}_{0}}\end{array} \mathrm{G}_{\mathrm{VI}_{0}}$ Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

## 22 3rd: 6 String Note Review

In order, name note(s) (4 minute time limit $\Rightarrow 18$ tempo):
play from:


## 23 Positions

The Nth position spans fret positions $N-1$ to $N+4$, e.g., 1 st position spans frets 0 to 5 and 8 th position spans frets 7 to 12 .


### 23.1 Practise

In the following orders:
perfect 4ths: $\quad \mathrm{C}$ perfect 5ths: $\quad \mathrm{G} \quad \mathrm{D} \quad \mathrm{A} \quad \mathrm{E} \quad \mathrm{B} \quad \mathrm{G}^{b} \quad \mathrm{D}^{b} \quad \mathrm{~A}^{b} \quad \mathrm{E}^{b} \quad \mathrm{~B}^{b} \quad \mathrm{~F} \quad \mathrm{C}$ chromatic up: $\mathrm{C} \quad \mathrm{C} \sharp / \mathrm{D}^{b} \quad \mathrm{D} \quad \mathrm{D} \sharp / \mathrm{E}^{b} \quad \mathrm{E} \quad \mathrm{F} \quad \mathrm{F} \sharp / \mathrm{G}^{b} \quad \mathrm{G} \quad \mathrm{G} \sharp / \mathrm{A}^{b} \quad \mathrm{~A} \quad \mathrm{~A} \sharp / \mathrm{B}^{b} \quad \mathrm{~B}$
 minor 3rds: $\mathrm{C} \quad \mathrm{E}^{b} \quad \mathrm{G}^{b} \quad \mathrm{~A} \quad \mathrm{~F} \quad \mathrm{~A}^{b} \quad \mathrm{~B} \quad \mathrm{D}$ major 6ths: $\quad \mathrm{G} \quad \mathrm{E} \quad \mathrm{D}^{b} \quad \mathrm{~B}^{b} \quad \mathrm{D}$

REVIEW \#2: In a single position (6 fret area), play:

1. root picture
2. chord
3. scale

Look in the 3 lowest frets of position for root note.
For example, the sequence for perfect 4ths from positions 1 to 12 is:

| t: | $\mathrm{C}_{\text {III }}$ | $\mathrm{F}_{\text {VII }}$ | $B^{\text {b }}$ V | $\mathrm{Eb}_{\text {II }}$ | $A^{\text {b }}{ }_{\text {VI }}$ | $\mathrm{D}^{\text {b }}$ III | $\mathrm{G}^{\text {b }}$ VII | $\mathrm{B}_{\text {IV }}$ | $\mathrm{E}_{\text {I }}$ | $\mathrm{A}_{\mathrm{V}}$ | $\mathrm{D}_{\text {II }}$ | VI |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2nd: | $\mathrm{C}_{\text {IV }}$ | $\mathrm{F}_{\text {I }}$ | $B^{\text {b }}$ V | $\mathrm{Eb}_{\text {II }}$ | $A^{\text {b }}{ }_{\text {VI }}$ | $\mathrm{D}^{\text {b }}$ III | $\mathrm{G}^{\text {b }}$ VII | $\mathrm{B}_{\mathrm{V}}$ | $\mathrm{E}_{\text {II }}$ | $\mathrm{A}_{\mathrm{VI}}$ | $\mathrm{D}_{\text {III }}$ | $\mathrm{G}_{\text {VII }}$ |
| 3rd: | $\mathrm{C}_{\mathrm{V}}$ | $\mathrm{F}_{\text {II }}$ | $\mathrm{B}^{\text {b }}$ VI | $\mathrm{E}^{\text {b }}$ III | $A^{\text {b }}$ VII | $\mathrm{D}^{\text {b }}$ IV | $\mathrm{G}^{\text {b }}$ I | $\mathrm{B}_{V}$ | $\mathrm{E}_{\text {II }}$ | $\mathrm{A}_{\text {VI }}$ | $\mathrm{D}_{\text {III }}$ | $\mathrm{G}_{\text {VII }}$ |
| 4th: | $\mathrm{C}_{\mathrm{V}}$ | $\mathrm{F}_{\text {II }}$ | $B^{b}{ }^{\text {VI }}$ | $\mathrm{E}^{\text {bIII }}$ | $\mathrm{A}^{\text {b }}$ VII | $\mathrm{D}^{\text {b }}$ | $\mathrm{G}^{\text {III }}$ | $\mathrm{B}_{\mathrm{VI}}$ | $\mathrm{E}_{\text {III }}$ | $\mathrm{A}_{\text {VII }}$ | $\mathrm{D}_{\mathrm{IV}}$ | $\mathrm{G}_{\mathrm{I}}$ |
| 5th: | $\mathrm{C}_{\text {VI }}$ | $\mathrm{F}_{\text {III }}$ | $B^{b}{ }^{\text {VII }}$ | $\mathrm{E}^{\text {IV }}$ | $\mathrm{A}^{\text {b }}$ I | $\mathrm{D}^{b_{V}}$ | $\mathrm{G}^{\text {III }}$ | $\mathrm{B}_{\mathrm{VI}}$ | $\mathrm{E}_{\text {III }}$ | $\mathrm{A}_{\text {VII }}$ | $\mathrm{D}_{\mathrm{V}}$ | $\mathrm{G}_{\text {II }}$ |
| 6th: | $\mathrm{C}_{\text {VI }}$ | $\mathrm{F}_{\text {III }}$ | $B^{b}{ }^{\text {VII }}$ | $\mathrm{E}_{\mathrm{V}}$ | $\mathrm{A}^{\text {III }}$ | $\mathrm{D}^{\text {b }}$ VI | $\mathrm{G}^{\text {b III }}$ | $\mathrm{B}_{\text {VII }}$ | $\mathrm{E}_{\text {IV }}$ | $\mathrm{A}_{\text {I }}$ | $\mathrm{D}_{\mathrm{V}}$ | $\mathrm{G}_{\text {II }}$ |
| 7th: | $\mathrm{C}_{\text {VII }}$ | $\mathrm{F}_{\text {IV }}$ | $B^{\text {b }}$ I | $\mathrm{E}^{\text {V }}$ | $\mathrm{A}^{\text {III }}$ | $\mathrm{D}^{\text {b }}$ VI | $\mathrm{Gb}_{\text {III }}$ | $\mathrm{B}_{\text {VII }}$ | $\mathrm{E}_{V}$ | $\mathrm{A}_{\text {II }}$ | $\mathrm{D}_{\mathrm{VI}}$ | $\mathrm{G}_{\text {III }}$ |
| 8th: | $\mathrm{C}_{\text {VII }}$ | $\mathrm{F}_{\mathrm{V}}$ | $\mathrm{B}^{\text {III }}$ | $\mathrm{E}^{\text {b }}$ VI | $\mathrm{Ab}_{\text {III }}$ | $\mathrm{D}^{\text {b }}$ VII | $\mathrm{G}^{\text {IV }}$ | $\mathrm{B}_{\mathrm{I}}$ | $\mathrm{E}_{V}$ | $\mathrm{A}_{\text {II }}$ | $\mathrm{D}_{\text {VI }}$ | $\mathrm{G}_{\text {III }}$ |
| 9th: | $\mathrm{C}_{\mathrm{I}}$ | $\mathrm{F}_{\mathrm{V}}$ | $\mathrm{B}^{\text {III }}$ | $E^{b}{ }_{V I}$ | $\mathrm{A}^{\text {b }}$ III | $\mathrm{D}^{\text {b }}$ VII | $\mathrm{G}^{\text {b }}$ | $\mathrm{B}_{\text {II }}$ | $\mathrm{E}_{\mathrm{VI}}$ | $\mathrm{A}_{\text {III }}$ | $\mathrm{D}_{\text {VII }}$ | $\mathrm{G}_{\text {IV }}$ |
| 10th: | $\mathrm{C}_{\text {II }}$ | $\mathrm{F}_{\mathrm{VI}}$ | $\mathrm{B}^{\text {b }}$ III | $E^{b}{ }_{\text {VII }}$ | $A^{\text {b }}$ IV | $\mathrm{D}^{{ }^{\text {I }}}$ | $\mathrm{G}^{\text {b }}$ | $\mathrm{B}_{\text {II }}$ | $\mathrm{E}_{\text {VI }}$ | $\mathrm{A}_{\text {III }}$ | DVII | $\mathrm{G}_{\mathrm{V}}$ |
| 11th: | $\mathrm{C}_{\text {II }}$ | $\mathrm{F}_{\mathrm{VI}}$ | $\mathrm{B}^{\text {b }}$ III | $\mathrm{E}^{\text {b }}$ VII | $\mathrm{A}^{\text {b }}$ | $\mathrm{D}^{\text {III }}$ | $\mathrm{G}^{\text {b }}$ VI | $\mathrm{B}_{\text {III }}$ | $\mathrm{E}_{\text {VII }}$ | $\mathrm{A}_{\text {IV }}$ | $\mathrm{D}_{\text {I }}$ | $\mathrm{G}_{\mathrm{V}}$ |
| 12th: | $\mathrm{C}_{\text {III }}$ | $\mathrm{F}_{\mathrm{VII}}$ | $\mathrm{B}^{\text {b }}$ IV | $E^{\text {b }}$ | $\mathrm{A}^{\text {b }}$ V | $\mathrm{D}^{\text {III }}$ | $\mathrm{G}^{\text {b }}$ VI | $\mathrm{B}_{\text {III }}$ | EVII | $A_{V}$ | DII | $\mathrm{GVI}_{\text {I }}$ |

24 Major Arpeggio ( $1_{\mathrm{M} 3} 3_{\mathrm{m} 3} 5_{\mathrm{P} 4}$ )


### 24.1 Practise

In the order:
 Review \#1 and Review \#2:

1. root picture and arpeggio
2. arpeggio only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

25 Major 7 Arpeggio ( $1_{\mathrm{M} 3} 3_{\mathrm{m} 3} 5_{\mathrm{M} 3} 7_{\mathrm{m} 2}$ )



I



III


### 25.1 Practise

In the order:
 Review \#1 and Review \#2:

1. root picture and arpeggio
2. arpeggio only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

26 Minor Chord ( $1_{\mathrm{m} 3} 3_{\mathrm{M} 3} 5_{\mathrm{P} 4}$ )


### 26.1 Practise

In the order:
$\begin{array}{llllllllllll}C_{\text {III }}^{0} & & \mathrm{~F}_{\mathrm{I}} & \mathrm{B}^{b}{ }_{\mathrm{V}} & \mathrm{E}_{\mathrm{II}} & \mathrm{A}^{b} \mathrm{VII}^{2} & \mathrm{D}^{b}{ }_{\mathrm{III}} & \mathrm{G}^{b} \mathrm{VII}_{0} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{~A}_{\mathrm{V}_{0}} & \mathrm{D}_{\mathrm{II}_{0}}\end{array} \mathrm{G}_{\mathrm{VI}_{0}}$ Review \#1:

1. root picture and chord
2. chord only

27 Aeolian (Natural Minor) Scale ( $\mathbf{1}_{\mathrm{T}} \mathbf{2}_{\mathrm{S}}{ }^{\dagger} \mathbf{3}_{\mathrm{T}} \mathbf{4}_{\mathrm{T}} \mathbf{5}_{\mathrm{S}}{ }^{b} \mathbf{6}_{\mathrm{T}}{ }^{b} 7_{\mathrm{T}}$ )


### 27.1 Practise

In the order:
$\begin{array}{llllllllllll}C_{I V} & \mathrm{~F}_{\mathrm{I}} & \mathrm{B}^{b}{ }_{\mathrm{V}} & \mathrm{E}_{\mathrm{II}} & \mathrm{A}^{b} \mathrm{VI}_{0} & \mathrm{D}^{b_{\mathrm{III}}^{0}} & \mathrm{G}^{b} \mathrm{VII}_{0} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{~A}_{\mathrm{V}_{0}} & \mathrm{D}_{\mathrm{II}_{0}} & \mathrm{G}_{\mathrm{VIII}}\end{array}$ Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

28 Minor Arpeggio ( $1_{\mathrm{m} 3}{ }^{\dagger} 3_{\mathrm{M} 3} 5_{\mathrm{P} 4}$ )



### 28.1 Practise

In the order:
$\begin{array}{llllllllllll}C_{I V} & F_{I} & B^{b}{ }_{V} & E^{b}{ }_{I I} & A^{b}{ }_{V I} & D^{b}{ }_{I I I} & G^{b} V_{V_{I}} & B_{I V_{0}} & E_{I_{0}} & A_{V_{0}} & D_{I I I_{0}} & G_{V I_{0}}\end{array}$ Review \#1:

1. root picture and arpeggio
2. arpeggio only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

29 Diminished Arpeggio ( $\left.1_{m 3} b 3_{m 3}{ }^{b} 5_{x} 4\right)$


### 29.1 Practise

In the order:

$$
\begin{array}{lllllllllll}
\mathrm{C}_{\mathrm{IV}} & \mathrm{~F}_{\mathrm{I}} & \mathrm{~B}^{b} \mathrm{~V}_{0} & \mathrm{E}^{b} \mathrm{II}_{0} & \mathrm{~A}^{b} \mathrm{VI}_{0} & \mathrm{D}^{b} \mathrm{III}_{0} & \mathrm{G}^{b} \mathrm{VII}_{0} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{~A}_{\mathrm{VI}} & \mathrm{D}_{\mathrm{III}}
\end{array} \mathrm{G}_{\mathrm{VII}}
$$

Review \#1:

1. root picture and arpeggio
2. arpeggio only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

## 30 1st Arpeggio Review



### 30.1 Practise

For each form, play the major, minor and diminished arpeggio.

## 31 2nd Arpeggio Review



### 31.1 Practise

1. For each form, play the scale and using each note of the scale as a root, play the appropriate arpeggio up, then down, and back to the starting note.
2. For each form, play the scale and then the appropriates in the order:
I IV viio III vi ii V

## 32 Closed Major Triads



### 32.1 Practise

For each form, play the arpeggio and repeat its triads.

## 33 Open Major Triads



### 33.1 Practise

For each form, play the arpeggio and repeat its triads.

34 Closed Minor Triads


### 34.1 Practise

For each form, play the arpeggio and repeat its triads.

## 35 Open Minor Triads



| $(1)$ |  |  |  |
| :--- | :--- | :--- | :--- |
| 2$)$ |  | $(2)$ |  |
|  |  | $(3)$ |  |
|  | $(4)$ |  | $(4)$ |
|  |  |  |  |



| Form III |  | 2nd |  |  | 1st |  |  | Root |  |  | 2nd |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| (1) | (1) | (1) |  |  |  |  |  |  |  | (1) |  |  |  |
|  | $1)$ |  | (2) |  |  |  |  |  | (2) |  |  |  |  |
|  | (2) |  |  |  |  | (2) | (3) |  |  |  |  | (2) | (3) |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| (4)(4) | (4) | (4) |  |  | (4) |  |  | (4) |  | $\square$ |  |  | (4) |



| Form V |  |
| :---: | :---: |
| (1) (1) | (1) |
|  | (2) |
| (3) (3) |  |
| (4) |  |
|  |  |




### 35.1 Practise

For each form, play the arpeggio and repeat its triads.

36 Closed Diminished Triads


### 36.1 Practise

For each form, play the arpeggio and repeat its triads.

37 Open Diminished Triads


### 37.1 Practise

For each form, play the arpeggio and repeat its triads.

38 Harmonic Minor Scale ( $\left.1_{T} \mathbf{2}_{S} b 3_{T} \mathbf{4}_{\mathrm{T}} 5_{\mathrm{S}}{ }^{b} \mathbf{6}_{\mathrm{T} \frac{1}{2}} 7_{\mathrm{S}}\right)$


### 38.1 Practise

In the order:
$\begin{array}{llllllllllll}\mathrm{C}_{\mathrm{IV}} & \mathrm{F}_{\mathrm{I}} & \mathrm{B}^{b} \mathrm{~V}_{\mathrm{V}} & \mathrm{E}^{b} \mathrm{II} & \mathrm{A}^{b} \mathrm{VI}_{0} & \mathrm{D}^{b} \mathrm{IIII}_{0} & \mathrm{G}^{b} \mathrm{VII}_{0} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{~A}_{\mathrm{V}_{0}} & \mathrm{D}_{\mathrm{II}_{0}} & \mathrm{G}_{\mathrm{VII}^{\prime}}\end{array}$ Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

39 Melodic Minor Scale ( $\mathbf{1}_{\mathrm{T}} \mathbf{2}_{\mathrm{S}}{ }^{b} \mathbf{3}_{\mathrm{T}} \mathbf{4}_{\mathrm{T}} \mathbf{5}_{\mathrm{T}} \mathbf{6}_{\mathrm{T}} \mathbf{7}_{\mathrm{S}}$ )

39.1 Practise

In the order:
$\begin{array}{llllllllllll}\mathrm{C}_{\mathrm{IV}} & \mathrm{F}_{\mathrm{I}} & \mathrm{B}^{b} \mathrm{~V} & \mathrm{E}^{b} \mathrm{II} & \mathrm{A}^{b} \mathrm{VI}_{0} & \mathrm{D}^{b} \mathrm{III}_{0} & \mathrm{G}^{b} \mathrm{VII}_{0} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{~A}_{\mathrm{V}_{0}} & \mathrm{D}_{\mathrm{II}_{0}} & \mathrm{G}_{\mathrm{VII}}\end{array}$ Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

40 Augmented Arpeggio ( $\left.1_{\mathrm{M} 3} 3_{\mathrm{M} 3}{ }^{\sharp} 5_{4}\right)$


### 40.1 Practise

In the order:
$\begin{array}{llllllllllll}\mathrm{C}_{\mathrm{III}}^{0} & & \mathrm{~F}_{\mathrm{VII}_{0}} & \mathrm{~B}^{b} \mathrm{~V} & \mathrm{E}_{\mathrm{II}} & \mathrm{A}^{b} \mathrm{VI} & \mathrm{D}^{b} \mathrm{III} & \mathrm{G}^{b} \mathrm{VIII}^{2} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{~A}_{\mathrm{V}_{0}} & \mathrm{D}_{\mathrm{II}_{0}}\end{array} \mathrm{G}_{\mathrm{VI}_{0}}$ Review \#1 and Review \#2:

1. root picture and arpeggio
2. arpeggio only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

## 41 Harmonic Minor Arpeggio Review

|  |  | ii ${ }^{\circ}$ | $\mathrm{III}^{+}$ | iv | V | I |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | $\begin{array}{\|l\|l\|l\|} \hline 1(1) & { }^{(1)} \\ \hline y^{(3)} & { }^{(3)} \\ \hline 4)^{(4)} & \\ \hline \end{array}$ |  |  |  |
| Form | i |  | II |  | V | VI | vii ${ }^{\circ}$ |
|  |  |  |  |  |  |  |  |
| F | i | ii ${ }^{\circ}$ | $\mathrm{III}^{+}$ | iv | V | VI | vii ${ }^{\circ}$ |
|  |  |  |  |  |  |  |  |
| F | i | $\mathrm{ii}^{\circ}$ |  | iv | V | VI | vii ${ }^{\circ}$ |
|  |  |  | $\stackrel{(3)}{49}$ |  |  |  |  |
| Form V | i | $\mathrm{ii}^{\circ}$ | $\mathrm{III}^{+}$ | iv | V | VI | $11{ }^{\circ}$ |
|  |  |  |  |  |  |  | $\text { (4) }\left.\quad \frac{\mid i^{(3)}}{4}\right\|^{(4)}$ |
| Form VI | i | $11^{\circ}$ |  | iv | V | VI | $11{ }^{\circ}$ |
|  |  |  |  |  |  |  |  |
| Form VII | 1 | $11^{\circ}$ | III | 1V | V | VI | vii ${ }^{\circ}$ |
|  | $\begin{array}{\|l\|l\|l\|} \hline \begin{array}{\|l\|l\|l\|} \hline(1) & & \\ \hline(3) & (2)(2) \\ \hline{ }^{(4)} & & \\ \hline 8) & \\ \hline \end{array} \\ \hline \end{array}$ |  |  |  |  |  |  |

### 41.1 Practise

1. For each form, play the scale and using each note of the scale as a root, play the appropriate arpeggio up, then down, and back to the starting note.
2. For each form, play the scale and then the appropriates in the order:
i ii $^{\circ} \mathrm{III}^{+}$iv V VI viio

42 Mixolydian Scale ( $\left.1_{T} \mathbf{2}_{\mathrm{T}} \mathbf{3}_{\mathrm{S}} \mathbf{4}_{\mathrm{T}} 5_{\mathrm{T}} \mathbf{6}_{\mathrm{S}}{ }^{b} 7_{\mathrm{T}}\right)$


### 42.1 Practise

In the order:
$C_{C_{I I I}^{0}} \quad \mathrm{~F}_{\mathrm{I}} \quad \mathrm{B}^{b} \mathrm{~V}_{\mathrm{V}} \quad \mathrm{E}_{\mathrm{II}} \quad \mathrm{A}^{b_{V I}} \quad \mathrm{D}^{b} \mathrm{IIII} \mathrm{G}^{b} \mathrm{VII}_{0} \quad \mathrm{~B}_{\mathrm{IV}_{0}} \quad \mathrm{E}_{\mathrm{I}_{0}} \quad \mathrm{~A}_{\mathrm{V}_{0}} \quad \mathrm{D}_{\mathrm{II}_{0}} \quad \mathrm{G}_{\mathrm{VI}_{0}}$
Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

## 43 Dorian Scale ( $\mathbf{1}_{\mathrm{T}} \mathbf{2}_{\mathrm{S}}{ }^{b} \mathbf{3}_{\mathrm{T}} \mathbf{4}_{\mathrm{T}} \mathbf{5}_{\mathrm{T}} \mathbf{6}_{\mathrm{S}}{ }^{5} \mathbf{7}_{\mathrm{T}}$ )



### 43.1 Practise

In the order:
 Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

44 Locrian Scale ( $\left.\mathbf{1}_{S^{b}} \mathbf{2}_{\mathrm{T}}{ }^{b} \mathbf{3}_{\mathrm{T}} \mathbf{4}_{\mathrm{S}^{b}} \mathbf{5}_{\mathrm{T}}^{\mathrm{b}} \mathbf{6}_{\mathrm{T}}{ }^{b} \mathbf{7}_{\mathrm{T}}\right)$


### 44.1 Practise

In the order:
$\begin{array}{llllllllllll}C_{\text {IV }} & \mathrm{F}_{\mathrm{I}} & \mathrm{B}^{b} \mathrm{~V}_{0} & \mathrm{E}_{\mathrm{III}_{0}} & \mathrm{~A}^{b} \mathrm{VI}_{0} & \mathrm{D}^{b} \mathrm{IIII}_{0} & \mathrm{G}^{b} \mathrm{VII}_{0} & \mathrm{~B}_{\mathrm{V}} & \mathrm{E}_{\text {II }} & \mathrm{A}_{\mathrm{VI}} & \mathrm{D}_{\text {III }} & \mathrm{G}_{\mathrm{VIII}}\end{array}$ Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

45 Phrygian Scale ( $\left.\mathbf{1}_{S^{b}} \mathbf{2}_{\mathrm{T}}{ }^{\mathrm{b}} \mathbf{3}_{\mathrm{T}} \mathbf{4}_{\mathrm{T}} \mathbf{5}_{\mathrm{S}}{ }^{b} \mathbf{6}_{\mathrm{T}}{ }^{\mathrm{b}} \mathbf{7}_{\mathrm{T}}\right)$

| I |  |
| :---: | :---: |
| (1)(1)(1)(1) (1)(1) |  |
| (2) | (2) (2) |
| (3) (3) 3) |  |
| (4) (4) (4) | 4) $\quad 4(4)$ |
|  | 4 |



### 45.1 Practise

In the order:
$\begin{array}{llllllllllll}\mathrm{C}_{\text {IV }} & \mathrm{F}_{\mathrm{I}} & \mathrm{B}^{b} \mathrm{~V}_{\mathrm{V}} & \mathrm{E}_{\mathrm{II}_{0}} & \mathrm{~A}^{b} \mathrm{VI}_{0} & \mathrm{D}^{b}{ }_{\mathrm{III}}^{0} & \mathrm{G}^{b} \mathrm{VII}_{0} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\text {II }} & \mathrm{A}_{\mathrm{VI}} & \mathrm{D}_{\text {III }} & \mathrm{G}_{\mathrm{VII}}\end{array}$ Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

46 Lydian Scale ( $\left.{ }^{( } \mathbf{1}_{\mathrm{T}}{ }^{b} \mathbf{2}_{\mathrm{T}}{ }^{b} \mathbf{3}_{\mathrm{T}} \mathbf{4}_{\mathrm{S}}{ }^{b} \mathbf{5}_{\mathrm{T}}{ }^{\mathrm{b}} \mathbf{6}_{\mathrm{T}}{ }^{b} \mathbf{7}_{\mathrm{S}}\right)$

| I |  |
| :---: | :---: |
| (1) | (1) 1 |
| (1) (1) (1) ${ }^{\text {i }}$ |  |
| (2) (2) ${ }^{2}$ | 2) (3) 3 |
|  | (3) |



### 46.1 Practise

In the order:
$\begin{array}{llllllllllll}\mathrm{C}_{\text {III }} & \mathrm{F}_{\mathrm{VII}_{0}} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{II}} & \mathrm{A}^{b}{ }_{\mathrm{VII}} & \mathrm{D}^{b}{ }_{\text {III }} & \mathrm{G}^{b}{ }_{\mathrm{VII}} & \mathrm{B}_{\mathrm{IV}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{AV}_{0} & \mathrm{D}_{\mathrm{II}_{0}} & \mathrm{G}_{\mathrm{VI}_{0}}\end{array}$ Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

47 Major Pentatonic Scale $\left(\mathbf{1}_{\mathrm{T}} \mathbf{2}_{\mathrm{T}} \mathbf{3}_{\mathrm{T}_{\frac{1}{2}}} \mathbf{5}_{\mathrm{T}} \mathbf{6}_{\mathrm{T} \frac{1}{2}}\right)$


### 47.1 Practise

In the order:
$\begin{array}{llllllllllll}\mathrm{C}_{\mathrm{III}}^{0} & & \mathrm{~F}_{\mathrm{VII}_{0}} & \mathrm{~B}^{b}{ }_{\mathrm{V}} & \mathrm{E}^{b}{ }_{\mathrm{II}} & \mathrm{A}^{b}{ }_{\mathrm{VII}} & \mathrm{D}^{b}{ }_{\mathrm{III}} & \mathrm{G}^{b}{ }_{\mathrm{VII}} & \mathrm{B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{~A}_{\mathrm{V}_{0}} & \mathrm{D}_{\mathrm{II}_{0}}\end{array} \mathrm{G}_{\mathrm{VI}_{0}}$
Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

48 Minor Pentatonic Scale ( $\left.\mathbf{1}_{\mathrm{T} \frac{1}{2}} \mathbf{3}_{\mathrm{T}} \mathbf{4}_{\mathrm{T}} \mathbf{5}_{\mathrm{T} \frac{1}{2}} \mathrm{~b}_{\mathrm{T}}\right)$


### 48.1 Practise

In the order:
$\begin{array}{llllllllllll}\mathrm{C}_{\mathrm{IV}} & \mathrm{F}_{\mathrm{I}} & \mathrm{B}^{b} \mathrm{~V} & \mathrm{E}^{b} \mathrm{II} & \mathrm{A}^{b} \mathrm{VI}_{0} & \mathrm{D}^{b} \mathrm{III}_{0} & \mathrm{G}^{b} \mathrm{VII}_{0} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{~A}_{\mathrm{V}_{0}} & \mathrm{D}_{\mathrm{II}_{0}} & \mathrm{G}_{\mathrm{VII}}\end{array}$ Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

49 Major Blues Scale ( $\left.\mathbf{1}_{\mathrm{T}} \mathbf{2}_{\mathrm{S}} \mathbf{3}_{\mathrm{S}} \mathbf{3}_{\mathrm{T}_{\frac{1}{2}}} \mathbf{5}_{\mathrm{T}} \mathbf{6}_{\mathrm{T} \frac{1}{2}}\right)$

| I |  |  |
| :---: | :---: | :---: |
| (1) | (1) 1 (1) |  |
|  | $2 / 1$ | 11! ${ }^{\text {a }}$ |
| (2) (2) (2) |  | 3/2 2 |
| (3) |  | (3) |
| (4) (4) | 4) 4 ] | 4] (4) |



### 49.1 Practise

In the order:
$\begin{array}{llllllllllll}\mathrm{C}_{\mathrm{IV}} & \mathrm{F}_{\mathrm{I}} & \mathrm{B}^{b} \mathrm{~V} & \mathrm{E}_{\mathrm{II}} & \mathrm{A}^{b} \mathrm{VI}_{0} & \mathrm{D}^{b} \mathrm{III}_{0} & \mathrm{G}^{b} \mathrm{VII}_{0} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{~A}_{\mathrm{V}_{0}} & \mathrm{D}_{\mathrm{II}_{0}} & \mathrm{G}_{\mathrm{VII}}\end{array}$ Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

50 Minor Blues Scale $\left(\mathbf{1}_{\mathrm{T}_{2}^{1}} b \mathbf{3}_{\mathrm{T}} \mathbf{4}_{\mathrm{S}}{ }^{b} \mathbf{5}_{\mathrm{S}} \mathbf{5}_{\mathrm{T} \frac{1}{2}}{ }^{\mathrm{b}} \mathbf{7}_{\mathrm{T}}\right)$

| I |  |  |
| :---: | :---: | :---: |
| (1)(1)(1) (1) (1)(1) |  |  |
| (2) |  |  |
| (3) (3) 3/2 |  |  |
| (4) |  | [4/3/4/3 |
|  | 4 |  |



| IV |  |  |
| :---: | :---: | :---: |
| (1)(1) (1) |  | (1) (1) |
| (2) |  | i (2) |
| (3) (3) (2) (2): 3 |  |  |
|  |  | (4/3 |
|  | (4) 4 |  |



### 50.1 Practise

In the order:
$\begin{array}{lllllllllllll}\mathrm{C}_{\text {IV }} & \mathrm{F}_{\mathrm{I}} & \mathrm{B}^{b} \mathrm{~V}_{0} & \mathrm{E}_{\mathrm{II}_{0}} & \mathrm{~A}^{b}{ }_{\mathrm{VI}_{0}} & \mathrm{D}^{b} \mathrm{III}_{0} & \mathrm{G}^{b} \mathrm{VII}_{0} & \mathrm{~B}_{\mathrm{IV}_{0}} & \mathrm{E}_{\mathrm{I}_{0}} & \mathrm{~A}_{\mathrm{V}} & \mathrm{D}_{\mathrm{II}} & G_{\mathrm{VIII}^{\prime}}\end{array}$ Review \#1:

1. root picture and scale
2. scale only

When going up fretboard, start at lowest note; when going down fretboard, start at highest note.

51 Major (Ionian) Scale Intervals ( $\mathbf{1}_{\mathrm{T}} \mathbf{2}_{\mathrm{T}} \mathbf{3}_{\mathrm{S}} \mathbf{4}_{\mathrm{T}} \mathbf{5}_{\mathrm{T}} \mathbf{6}_{\mathrm{T}} \mathbf{7}_{\mathrm{S}}$ )

| Form I | 7 M3 M6 M2 7 | Form V | 7 M3 M6 m2 |
| :---: | :---: | :---: | :---: |
|  |  |  |  |
| (1) (1) ${ }^{1}(1)$ | (R) P4 m3 P5 (R) | (1)(1)(1) (1) (1) |  |
| (1) (1) ! | m $2 \quad 7 \mathrm{M} 3 \mathrm{n} 6 \mathrm{n} 2$ | (2) | $\mathrm{m} 6 \mathrm{n} 2 \times 7 \mathrm{~m} 3 \mathrm{~m} 6$ |
| (3) (3) (2) (2):3) ${ }^{3}$ | M2 P5 ® P4 M6M2 | (3) (3) (3) (3) (3) | M6 M 2 P5 ® M3 M6 |
| 1 | $\mathrm{m} 3 \mathrm{m6m2} \quad \mathrm{~m} 3$ | (4) | m3 m6 ip ${ }^{\text {m }}$ |
| (4)(4)(4) 4] (4) (4) | M 3 M6 M 2 P5 7 M 3 | (4)(4)(4) 4 ${ }^{\text {4 }}$ | $7 \mathrm{M} 3 \mathrm{M6}$ M2] 7 |
|  | $\mathrm{P} 4 \mathrm{~m} 3 \mathrm{~m} 6 ® \mathrm{P} 4$ |  | (R) P4 m3 P5 ® |
| Form II | m2 7 M3 m6 m2 | Form VI |  |
|  |  |  | $\mathrm{m6} 2 \times \quad 7 \mathrm{~m} 3 \mathrm{~m} 6$ |
| (1)(1)(1)(1)(1) (1) | M 2 P5 ® P4 M6M2 | (1)(1)(1)(1)(1)(1) | M6M2 P 5 (R) M3 M6 |
| 1 1 | $\mathrm{m} 3 \mathrm{m6m} 2 \quad \mathrm{c}$ | $\square 18$ | m $3 \mathrm{~m} 6 \mathrm{~m} 2,14$ |
| (3) (3) (3) (3) (3) | M3 M6M2 P5 :7 M3 | (3) (3) 3 (3): 3 | $7 \mathrm{M} 3 \mathrm{M} 6 \mathrm{M} 2!$ |
| (4) 14 | P4 m3 m6ir P4 | (4) (4) $\quad 14$ | (R) P4 m3i P5 ® |
| (4) (4) 4 ] | 7 M 3 M6] n 2 | (4) 4] | m 2 7 M3 $\mathrm{m}^{\text {m m }}$ |
|  | P5 ® P4 M2 P5 |  | M2 m6 ® P4 M6 M 2 |
| Form III | $\mathrm{m} 3 \mathrm{m6}$ m2 m3 | Form VII |  |
|  |  |  |  |
| (1)(1)(1)(1)(1)(1) |  |  | m 3 m 6 n 2 P 4 |
|  | $\begin{array}{\|c\|c\|} \hline 4 & \mathrm{~m} 3 \mathrm{~m} 6 \mathrm{R} \\ \hline & \mathrm{P} 4 \\ \hline & \mathrm{M} 3 \mathrm{M} 66_{1}^{\prime} \mathrm{m} \\ \hline \end{array}$ | (1)(1)(1) (1) (1) | $7 \mathrm{M} 3 \mathrm{M} 6 \mathrm{M} 2 \hat{1} 7$ |
|  |  | (2)(2) (2) (2) | (R) P4 m3:P5 (R) |
| (4)(4)(4):(4) (4) | P 5 (R) P4 ${ }^{\text {in M }}$ 2 P5 | $\begin{array}{\|l\|l\|l\|} \hline & 3 & 3 \\ \hline 4) & \\ \hline 4)(4)(4)(4)(4) \end{array}$ | $\mathrm{m} 27 \mathrm{~m} 3^{\prime} \mathrm{m6m} 2$ |
| 4] | m 6 m 2 2 $\quad$ 7 m 3 m 6 |  | M2 P5 [R P4\| M6M2 |
|  | M6 M2 P5 ® M3 M6 |  | $\mathrm{m} 3 \mathrm{m6} \mathrm{~m} 2 \quad 7 \mathrm{~m} 3$ |
| Form IV |  |  |  |
| (1) ${ }^{\text {(1) (1) }}$ | M3 M6 M2 P5 7 M3 |  |  |
|  |  |  |  |
| (1) (1) (1) | 7 M 3 M 6 i 2 |  |  |
| (2)(2)(2):3) 3 | P5 ® P4 |  |  |
| $\begin{array}{l\|l\|} \hline & 3 \\ \hline \text { (4) (4) (4) } 4 \\ \hline 4 \end{array}$ | $\mathrm{m} 6 \mathrm{~m} 2 \quad 7_{k}^{i} \mathrm{~m} 3 \mathrm{~m} 6$ |  |  |
|  | $\frac{\mathrm{M6} \mathrm{M} 2 \mathrm{P} 5 \times \mathrm{R} \text { M M M } 6}{\mathrm{~m} 3 \mathrm{mb} \mathrm{m} 2 \mathrm{P} 4}$ |  |  |
|  |  |  |  |

## 52 Practise

### 52.1 Daily Practise

Minimum of 30 minutes per day; average 1 to $1 \frac{1}{2}$ hours per day.

- Basics (30 minutes):

1. Note Review, one of:
(a) 1st: 6 String Note Review (3-5 minutes)
(b) 2nd: 6 String Note Review (3-5 minutes)
(c) 3rd: 6 String Note Review (3-5 minutes)
2. review 1-3 for any chord/arpeggio/scale set other than current one being learned both normal and open forms (5-10 minutes)
Rotate through the scales so that all scales are practised.
3. review 1 for current chord/arpeggio/scale being learned (5-15 minutes)

- New Material (30 minutes)
practise new material to learn new skills
- Old Material (30 minutes) practise one or more existing pieces to reinforce skills

After note review, begin each practise very slowly and gradually increase speed.

### 52.2 Metronome

- Use a metronome as soon as possible after learning a new exercise or piece.
- Otherwise, always use a metronome during part of every exercise.


### 52.3 Chromatic Octaves

1. 


2. Same fingering as $1 . *$ sustain

3. Same fingering as $1 . *$ sustain


### 52.4 Diatonic (Segovia) Major Scales: 2 Octaves

1. $\mathrm{C}, \mathrm{C} \sharp / \mathrm{D}^{b}, \mathrm{D}, \mathrm{D} \sharp / \mathrm{E}^{b}$ (Form VI)

2. E

3. F

4. $F \sharp / G^{b}, G, G \sharp / A b, A, A \not \approx / B^{b}, B$

finger combinations:

- i m, m i, a m, i a, a i
- $\mathrm{i} m \mathrm{a} \mathrm{m}, \mathrm{a} \mathrm{m}$ i m, m a $\mathrm{m} \mathrm{i}, \mathrm{m} \mathrm{i} \mathrm{m}$ a
- i ma, mai, a i m
- a $m$ i, $m$ i $a, ~ i ~ a ~ m ~$
52.5 Diatonic (Segovia) Major Scales: 3 Octaves

1. E

2. F

(4)
(3)

(6)

3. $F \sharp / G^{b}, G, G \sharp / A^{b}, A, A \sharp / B^{b}, B$

(4) (5)

(6)-

### 52.6 Hammer-On/Pull-Off

## 53 Key Signatures



- given a relative major, rotate 3 positions clockwise for its relative minor scale
- given a relative minor, rotate 3 positions counter-clockwise for its relative major scale


## A Glossary

Accidental: affects the pitch of a note (higher or lower) on a staff line or space for the remainder of the measure

Action: the distance of the strings above the frets
Aeolian Scale: scale denoted by series: $1_{T} 2_{S}{ }^{b} 3_{T} 4_{T} 5_{S}{ }^{b} 6_{T}{ }^{b} 7_{T}$
Amplitude: size of a sound wave; large amplitude produces a loud sound, small amplitude produces a quiet sound

Arpeggio: notes of a chord played in rapid succession instead of simultaneously
Augmented Interval: perfect or major interval enlarged by a semitone, denoted by prefix " $x$ "
Augmented Triad: chord with a major third and an augmented fifth
Authentic Cadence: see perfect cadence
Bar: vertical divisions of a staff (usually) separating the notes in a measure
Blues Scale: see major and minor blues scale
Cadence: a 2 chord sequence marking the end of every phrase of classical music, providing a type of harmonic punctuation

Chord: (usually) 3 or more notes played simultaneously to produce a harmonic sound
Chromatic: (Greek, $\chi \rho \omega \mu \alpha$, meaning "colour") consisting of twelve notes, including accidentals, in an octave

Church Cadence: see plagal cadence
Close Position: chord formed from notes within an octave
Compound Interval: interval larger than an octave
Degree: position of notes in a scale, numbered with Roman numerals from low pitch to high, e.g., degrees of a diatonic scale are I,II,III,IV,V,VI,VII

Diatonic: (Greek, $\delta 1 \alpha$, meaning "at the interval of" and, $\tau o v o \sigma$, meaning "tone") consisting of eight notes in a octave

Diminished Interval: perfect or minor interval reduced by a semitone, denoted by prefix """
Diminished Triad: chord with a minor third and a diminished fifth
Dominant: the note in a scale five degrees above the tonic (5th degree)
Dorian Scale: scale denoted by series: $1_{T} 2_{S}{ }^{b} 3_{T} 4_{T} 5_{T} 6_{S}{ }^{b} 7_{T}$
Double Sharp (): accidental raise a note two semi-tones, e.g., two frets

Double Flat (bb): accidental lower a note two semi-tones, e.g., two frets
Duration: the length of sound or silence
Enharmonic: different name for the same note, e.g., $\mathrm{G}^{b} \equiv \mathrm{~F} \sharp$
Final Cadence: cadence found at the end of a sentence or at the end of a piece of music (see perfect and plagal cadence) (see non-final cadence)

Flat (b): accidental lowering the pitch of a note one semi-tone, e.g., one fret

## Form:

Four-note Form: chord containing a duplicate note in a different octave
Free-Stroke: stroking across a string, gliding above the next lower string (see rest-stroke)
Fundamental: the lowest pitch of a sound wave for a note
Guide Finger: does not entirely leave the string when moving to a new note
Harmonic: see partial
Harmonic Interval: interval for notes played at the same time
Hertz: cycles per second, e.g., $A=440 \mathrm{~Hz}$
Imperfect Cadence: a non-final cadence composed of a tonic or subdominant chord followed by a dominant chord ( $\mathrm{I} \rightarrow \mathrm{V}$ or $\mathrm{IV} \rightarrow \mathrm{V}$ )

Intensity: amount of energy in a sound wave (amplitude of the sound wave)
Interval: distance in pitch between two notes in semitones (size + quality $=$ semitones)
Interval Size: the number of diatonic letter-names between notes
Interval Quality: qualification of the interval size and/or number semitones between notes, e.g., major (+), minor ( - ), perfect ( P ), diminished $\left({ }^{\circ}\right)$, augmented ( x )

Inverted Interval: reversing the upper and lower notes of an interval
Ionian Scale: see Major Scale
Key Signature: group of accidentals placed after the clef sign showing which notes have their pitch modified in all measures unless explicitly overridden by accidental within a measure

Leading-note: the note in a scale a semitone below the tonic (7th degree) (see lowered 7th degree)
Locrian Scale: scale denoted by series: $1_{S}{ }^{b} 2_{T}{ }^{b} 3_{T} 4_{S_{S}} 5_{T^{b}} 6_{T}{ }^{b} 7_{T}$
Lowered 7th Degree: the note in a scale below the tonic that is not the leading-note (see leading-note)
Lydian Scale: scale denoted by series: ${ }^{b} 1_{T}{ }^{b} 2_{T}{ }^{b} 3_{T} 4_{S^{b}} 5_{T^{b}} 6_{T}{ }^{b} 7_{S}$

Major Blues Scale: scale denoted by series: $1_{\mathrm{T}} 2_{\mathrm{S}}{ }^{b} 3_{\mathrm{S}} 3_{\mathrm{T} \frac{1}{2}} 5_{\mathrm{T}} 6_{\mathrm{T} \frac{1}{2}}$
Major Interval: name of the 2nd, 3rd, 6th and 7th in the interval size, denoted by prefix " + "
Major Pentatonic Scale: scale denoted by series: $1_{T} 2_{T} 3_{T \frac{1}{2}} 5_{T} 6_{T \frac{1}{2}}$
Major Scale: scale denoted by series: $1_{T} 2_{T} 3{ }_{S} 4_{T} 5_{T} 6_{T} 7_{S}$
Major Triad: chord with a major third and a perfect fifth
Measure: group of notes between bars controlled by the key signature
Mediant: the note in a scale between the tonic and dominant (3rd degree)

## Melodic:

Melodic Interval: interval for notes played one after the other
Minor Blues Scale: scale denoted by series: $1_{T \frac{1}{2}}{ }^{b} 3_{T} 4_{S} b 5_{S} 5_{T_{\frac{1}{2}}}{ }^{b} 7_{T}$
Minor Interval: major interval reduced by a semitone, denoted by prefix "-"
Minor Pentatonic Scale: scale denoted by series: $1_{T \frac{1}{2}} b 3_{T} 4_{T} 5_{T \frac{1}{2}} b 7_{T}$
Minor Triad: chord with a minor third and a perfect fifth
Mixolydian Scale: scale denoted by series: $1_{T} 2_{T} 3{ }_{S} 4_{T} 5_{T} 6{ }_{S}{ }^{b} 7_{T}$
Natural ( $\ddagger$ ): accidental indicating the normal pitch of a note (usually used to cancel a $\sharp$ or $b$ in a key signature or previous accidental in a measure)

Natural Minor Scale: see Aeolian
Non-final Cadence: cadence found in the middle of a sentence (see imperfect cadence) (see final cadence)

Note: symbol representing a musical sound
Nth Position: spans fret positions $N-1$ to $N+4$, e.g., 1 st position spans frets 0 to 5 and 8 th position spans frets 7 to 12 .

## Partials:

Pentatonic Scale: see major and minor pentatonic scale
Perfect Cadence: a final cadence composed of a dominant chord followed by a tonic chord ( $\mathrm{V} \rightarrow \mathrm{I}$ )
Perfect Interval: name of the unison, 4th, 5th and octave in the interval size, denoted by prefix "P"
Phrygian Scale: scale denoted by series: $1_{S^{b}} 2_{T}{ }^{b} 3_{T} 4_{T} 5_{S}{ }^{b} 6_{T} b 7_{T}$
Pivot Finger: remains stationary while other fingers are moved (pivoted around) it to form new notes

Plagal Cadence: a final cadence composed of a subdominant chord followed by a tonic chord (IV $\rightarrow \mathrm{I}$ )
Pitch: frequency of a sound wave, determining whether it has a high or low sound (measured in hertz)
Octave: distance from a named note to the same named note higher or lower in pitch
Open Position: chord formed from notes greater than an octave apart
Overtones: all partials other than the fundamental
Rest-Stroke: stroking across a string, coming to rest against the next lower string (see free-stroke)
Rhythm: measured flow of time in music
Root Picture: tonics in the scale of form N
Root: lowest note of an uninverted chord
Scale: series of consecutive notes from any note to its octave
Semi-tone: smallest distance between two notes in even-tempered music
Sharp ( $\#$ ): accidental raising the pitch of a note one semi-tone, e.g., one fret
Sound: wave form generated by a vibrating body
Staff: (usually) 5 lines with 4 spaces on which notes are written
Subdominant: the note in a scale four degrees above the tonic (one below the dominant) (4th degree)
Submediant: the note in a scale six degrees above the tonic (6th degree)
Supertonic: the note in a scale above the tonic (2nd degree)
Tetrachord: half of the scale (1st and last 4 consecutive notes), named lower and upper tetrachord
Timbre: the number, intensity, and distribution of the partials (harmonics) contained in a sound
Time Signature: fraction appearing at the start of a composition, where the numerator is the beats per measure and denominator is the kind of note receiving a beat

Tone: two consecutive semi-tones above or below a note, e.g., two consecutive frets above or below a given fret

Tonic: the first note in a scale (1st degree)
Triad: basic chord composed of three sounds built from thirds, e.g., 1,3,5
Unison: name for interval size of 1

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## Row, Row, Row Your Boat



## Twinkle Twinkle Little Star



## Old MacDonald


on that farm he has some chickens, En i ea i oh!
dogs
turkeys


6


Old


# Mary Had a Little Lamb 

Lyrics: Sarah Joseph Hale (1788-1879)


7


## Drunken Sailor



## Where Have All The Flowers Gone?



## Becky Blues Shuffle



7


11


## O Canada : Canadian National Anthem / Hymns National

Music: Calixa Lavallée (1842-1891)
English lyrics: Robert Stanley Weir (amended 1968) / les paroles en français: Adolphe-Basile Routhier
 bras suit pr - ter l'é - pé___ e, Il__ wait or - ter la croix! Ton his-


## O Come All Ye Faithful (Adeste Fidelis)


come ye, O come_ ye to Beth - le -hem.
Sing all ye cit - i - zens of ha - ven a - dove:


## Open String Étude

Slowly (d=40)


Arpeggio Patterns 1

1. $\mathrm{p}-\mathrm{i}-\mathrm{m}, \mathrm{p}-\mathrm{m}-\mathrm{a}$

2. $\mathrm{p}-\mathrm{m}-\mathrm{i}, \mathrm{p}-\mathrm{a}-\mathrm{m}$

3. $\mathrm{p}-\mathrm{i}-\mathrm{a}$

4. $\mathrm{p}-\mathrm{a}-\mathrm{i}$


## Leçon No. 1

Fernando Sor (1778-1839)
Page 3 Opus 60, Introduction à l'Etude de la Guitare


## Bransle de Poictou, en mode de Cornemufe

Adrian le Roy (circa 1520-1598)
Pages 23-24
Tiers Livre de Tabvlatvre de Gviterre (1552)


## 18



## Pièce No. 1

Fernando Sor (1778-1839)
Page 2 Opus 44, Vingt-Quatre Petites Pièces Progressives pour la Guitare
Andante


6


22


## Pièce No. 2

Fernando Sor (1778-1839)
Page $2 \quad$ Opus 44, Vingt-Quatre Petites Pièces Progressives pour la Guitare


## Prélude in C

Matteo Carcassi (1792-1853)
Page 20
Opus 59 Méthode complète pour guitare


## Prélude in A Minor

Matteo Carcassi (1792-1853)
Page 32
Opus 59 Méthode complète pour guitare


## Prélude in G

Matteo Carcassi (1792-1853)

## Page 22

Opus 59 Méthode complète pour guitare


## Prélude in E Minor

Matteo Carcassi (1792-1853)
Page 22
Opus 59 Méthode complète pour guitare


## Andante

Pages 32-33
Matteo Carcassi (1792-1853)
Opus 59 Méthode complète pour guitare


## Exercice No. 1

Fernando Sor (1778-1839)
Page 3 Opus 31, Vingt-Quatre Leçon Progressives pour les Commemçants, Livre I

(17)


## Leçon No. 13

Fernando Sor (1778-1839)
Page 8
Opus 60, Introduction à l'Etude de la Guitare


## Exercice No. 1

Fernando Sor (1778-1839)
Page 2 Opus 35, Vingt-Quatre Exercices Très Faciles et Soigneusement Doigtés, Livre I


## Waltz

Ferdinando Carulli (1770-1841)
Page 3
Opus 121 Vingt-Quatre Pièces pour Guitarre Seule, No. 1
$\partial=84-100$


## Greensleeves

Anonymous


Exercice No. 22
Fernando Sor (1778-1839)
Page 10
Opus 35, Vingt-Quatre Exercices Très Faciles et Soigneusement Doigtés, Livre II


## Romanza (d'Amour)

Anonymous (19th Century)

$\frac{6}{6}$ VII


## Duet in G <br> for two guitars

Ferdinando Carulli (1770-1841)
Andante


## Fughetta

for two guitars
Ferdinando Carulli (1770-1841)
Allegro

(E) (B)
(B)
(C)
(D)
(A)
(E)

1

| (E) |  |  |  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| (B) |  |  |  |  |  |  |  |  |  |  |  |  |
| (G) |  |  |  |  |  |  |  |  |  |  |  |  |
| (D) |  |  |  |  |  |  |  |  |  |  |  |  |
| (A) |  |  |  |  |  |  |  |  |  |  |  |  |
| (E) |  |  |  |  |  |  |  |  |  |  |  |  |

$\begin{array}{llllllllllll}1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 & 9 & 10 & 11 & 12\end{array}$

| (E) |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| (B) |  |  |  |  |  |  |  |  |  |  |  |  |
| (G) |  |  |  |  |  |  |  |  |  |  |  |  |
| (D) |  |  |  |  |  |  |  |  |  |  |  |  |
| (A) |  |  |  |  |  |  |  |  |  |  |  |  |
| (E) |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |


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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| (B) |  |  |  |  |  |  |  |  |  |  |  |  |
| (G) |  |  |  |  |  |  |  |  |  |  |  |  |
| (D) |  |  |  |  |  |  |  |  |  |  |  |  |
| (A) |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |




$\square$ $\square$
$\qquad$ —
$\square$ $\square$
$\qquad$ —


[^0]:    *Permission is granted to make copies for personal or educational use.
    Music engraving by LilyPond

[^1]:    ${ }^{1}$ The string must move up (first length) and down (second length) to form a cycle.

